CHANGE THE ROUTINE CHANGE THE RESULT



A Frontline Leader's Guide to Habit Loops on the Shop Floor



What triggers the behavior?

Cues are the start of every habit. They can be physical (a sound, light), situational (start of shift), or emotional (stress, frustration).

- Machine alarm goes off
- Supervisor walks the line
- First product of the shift appears
- End of a cycle beep

the routine?

What reinforces

Rewards explain why the routine sticks. It's the benefit your brain (or team) gets from the behaviòr, whether it's good or bad.

- Work keeps moving = less disruption
- Praise from supervisor
- Avoiding confrontation
- Getting ahead of a problem before it grows

THE **HABIT** LOOP



What action follows the cue?

This is the behavior that happens after the cue. It's what you want to change, reinforce, or replace.

- Silencing alarm without checking cause
 Completing a checklist
- Bypassing a jammed sénsor
- Asking "What's the standard?"

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